

COA COMMITTEES AND STAFF

COA EXECUTIVE

Peter J. O'Brien, PRESIDENT
 Cyril B. Frank, PRESIDENT-ELECT
 Ross K. Leighton, 2nd PRESIDENT-ELECT
 Marc J. Moreau, PAST PRESIDENT
 Bas A. Masi, SECRETARY
 Emil H. Schemnitsch, TREASURER

LOCAL ARRANGEMENTS COMMITTEE

Robert N. Meek, LOCAL ARRANGEMENTS CHAIR
 Paul H. Wright, MEMBER
 Alexandra Brooks-Hill, MEMBER
 Connie O'Brien, MEMBER

COA STAFF

Douglas C. Thomson, CHIEF EXECUTIVE OFFICER
 Cynthia Vezina, COMMUNICATIONS AND MEMBERSHIP MANAGER
 Trinity Wittman, MEETINGS AND FELLOWSHIPS MANAGER
 Dennis Jeanes, COMMUNICATIONS AND ADVOCACY MANAGER
 Amélie Lepage, ADMINISTRATIVE ASSISTANT

CORS EXECUTIVE

Nadr M. Jomha, PRESIDENT
 James A. Johnson, PAST PRESIDENT
 David R. Wilson, PROGRAM CHAIR
 Mark Glazebrook, SECRETARY-TREASURER
 Carl Whyne, MEMBER AT LARGE

PROGRAM COMMITTEE

Pierre Guy, SCIENTIFIC AND EDUCATIONAL PROGRAM CHAIR

CHAIR

Robert H. Hawkins, PROGRAM CO-CHAIR
 John G. Cinats, MEMBER
 Emil H. Schemnitsch, MEMBER
 David R. Wilson, CORS PROGRAM CHAIR
 James P. McAuley, HIP AND KNEE RECONSTRUCTION

David Otto, SPORTS MEDICINE
 Peter Ferguson, TUMOUR
 Bertrand H. Perey, HAND
 Robert Richards, MANUS
 Graham J.W. King, UPPER EXTREMITY
 K. Kellie Leitch, PAEDIATRICS
 Marcel Dvorak, SPINE
 Edward J. Harvey, TRAUMA
 Mark Glazebrook, FOOT AND ANKLE
 Peter B. Macdonald, CHAIR CPD

PRESIDENT'S WELCOME

DEAR MEMBERS, COLLEAGUES AND FRIENDS,

Welcome to Whistler! We invite you to make the most of a rich and stimulating meeting program in arguably one of the most beautiful settings in all of Canada. Mountain air, fresh ideas, panoramic views, new insights, old friends... we are thrilled you could join us in beautiful British Columbia.

This year, we offer 18 different instructional course lectures, a variety of hands-on workshops, as well as a half-day of sub-specialty activities including video-based Tips and Tricks. Dr. Robin Richards will deliver the R.I. Harris Lecture and the Canadian Orthopaedic Research Society (CORS) will present a wide spectrum of research papers and posters along with a symposium on early hip osteoarthritis. In a departure from previous years, the Canadian Orthopaedic Residents' Association (CORAY) Annual Meeting has been incorporated into the main COA program.

Canada's involvement in international orthopaedics will be featured in both a symposium and as the topic of the Presidential Guest Lecture delivered by renowned American trauma surgeon, Dr. Lewis Zifka. Other symposia in the program will focus on such timely issues as models of care, osteoporosis and fall prevention, non-surgical approaches to knee OA, war injuries, as well as orthopaedic injuries caused by intimate partner violence.

On Friday evening, our Opening Ceremonies will include a performance by the world famous Chor Leon! Men's Choir featuring retired orthopaedic surgeon, Dick Loomer, and conducted by Diane Loomer. Sunday afternoon has been set aside for members to take advantage of the many leisure activities for which Whistler is justly renowned. And not to be missed is Sunday night's Woodchopper's Ball high atop Whistler Mountain at the unique Roundhouse Lodge. You are guaranteed to have a good time.

I would like to thank Dr. Pierre Guy (Scientific and Educational Program Chair), Dr. Robert Hawkins (Program Co-chair), Dr. Nadr Jomha (CORS President), Dr. David Wilson (CORS Program Chair) and Dr. Robert Meek (Local Arrangements Committee Chair) for their hard work, commitment and participation in this year's Annual Meeting.

We hope that this year's program will stimulate and challenge you, and your visit to Whistler will be an enjoyably memorable one.

Sincerely,



Peter J. O'Brien, M.D., FRCSC
 President
 The Canadian Orthopaedic Association

GENERAL PROGRAM INFORMATION

REGISTRATION, FOYER, TELUS CONFERENCE CENTRE

Friday	0900-1200	Exhibitors only
	1200-1900	All delegates excluding exhibitors
Saturday	0600-1730	All delegates excluding exhibitors
Sunday	0600-1200	All delegates excluding exhibitors
Monday	0630-0900	All delegates excluding exhibitors

SPEAKER READY ROOM, SOO VALLEY, TELUS CONFERENCE CENTRE

Friday	1200-1800
Saturday	0600-1800
Sunday	0600-1300
Monday	0630-1600

FOOD AND BEVERAGE SERVICE

Date	Time	Event	Food Service
Friday	1845-2100	President's Reception	Hors d'oeuvres
Saturday	0630-0800	Instructional Course Lectures (ticketed)	Coffee and continental breakfast
	0745-1030	Exhibit Hall (includes morning break)	Coffee and refreshments
	1210-1300	Exhibit Hall	Buffet lunch
	1430-1500	Exhibit Hall (afternoon break)	Coffee and refreshments
Sunday	0630-0800	Instructional Course Lectures (ticketed)	Coffee and continental breakfast
	0745-1100	Exhibit Hall (includes morning break)	Coffee and refreshments
Monday	0700-0830	Instructional Course Lectures (ticketed)	Coffee and continental breakfast
	1015-1045	Morning Break	Coffee service
	1245-1315	Lunch Break	Boxed Lunch
	1430-1500	Afternoon Break	Coffee Service

SPOUSE/GUEST HOSPITALITY SUITE

A hospitality suite will be available to registered spouses and guests at the Westin Resort & Spa. Please see Activities section for more information.

CHILD CARE IN WHISTLER

Please note that the COA is not affiliated with any Whistler child care providers and does not endorse or guarantee the quality of these services. The following providers have been suggested:

Westin Resort and Spa, 1.800.766.0449, Dial Extension 2

Availability may be limited in July.

Babysitting Whistler, Toll Free: 1.888.906.2229, Cellular: 1.604.902.2229

info@babysittingwhistler.com, www.babysittingwhistler.com (Based in Whistler)

Nannies on Call, Toll Free: 1.877.214.2828, info@nanniesoncall.com

www.nanniesoncall.com (Based in Vancouver, but will service Whistler)



DELEGATE BAGS

The COA would like to thank the UBC Faculty of Medicine and the UBC Department of Orthopaedics for their generous support of the 2009 re-usable delegate bags.

AWARE WHISTLER

In an effort to give back to the community and decrease our environmental impact, the COA has partnered with the Association of Whistler Area Residents for the Environment. AWARE was established in 1988 to address the slow and methodical development of Whistler's pristine natural spaces and the residual effect on local flora and fauna. For the past 20 years, AWARE has championed the environment through advocacy, awareness, and education. If you wish to make a donation to support Whistler's natural habitat, please inquire at the registration desk. For more information, please visit www.awarewhistler.org.

BUSINESS MEETINGS

COA	Monday, July 6	1045-1115	Sea to Sky A
CORS	Saturday, July 4	1715-1745	Garibaldi A

COURSE EVALUATION

Please take the time to complete course evaluation forms that will assist in developing future COA/CORS/CORA programs.

BADGES

COA Active, Affiliate, Sister Societies, Overseas, Senior	GREEN
COA Associate Members	ORANGE
Allied Health	PURPLE
Non-Member Surgeons	GREY
CORS	RED
Accompanying Person	YELLOW
Exhibitors	BLUE
Volunteers/Staff	WHITE

SCIENTIFIC POSTER EXHIBITS

Posters will be mounted in the exhibit hall, Sea to Sky Ballroom A, Grand Foyer, Valley Foyer and Main Floor Corridor. For the location of your poster, please check the final poster listing found at the Registration Desk and at all poster locations.

Poster boards will be ready for mounting on Friday, July 3, from 0900 to 1700. Poster set-up must be completed by 1700 on Friday prior to the President's Reception. Authors are encouraged to be at their displays during breakfast, lunch, and any scheduled health breaks on Saturday, July 4 and Sunday, July 5. New this year, 20 COA posters and 6 CORS posters will be given special recognition in the exhibit hall and authors will be asked to be near their display for questions during the President's Reception (COA) or during the first half of the lunch break on Saturday (CORS). Posters must be removed by 1500 on Monday, July 6 prior to poster board dismantling. It is the responsibility of the presenters to remove all materials. The COA staff will not assume responsibility for poster materials remaining after 1500 on Monday.

EXHIBITS

Exhibits will be open for the President's Reception on Friday evening from 1845-2100, from 0745-1330 on Saturday, and from 0745-1100 on Sunday. The COA strives to deliver quality educational programs with the help of members and the generous support of industry partners. Please support our industry partners by visiting their booths in the exhibit hall. More information can be found in the Exhibits section.

DISCLAIMER

The material presented at the COA Annual Meeting has been made available by the Canadian Orthopaedic Association for educational purposes only. The material is not intended to represent the only, nor necessarily best, method or procedure appropriate for medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the faculty which may be helpful to others who face similar situations. The COA disclaims any or all liability for injury or other damages resulting to any individual attending the Annual Meeting and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals whether these claims shall be asserted by physician or any other person.

DISCLOSURE

The COA is a Royal College of Physicians and Surgeons of Canada (RCPSC) accredited provider. The Annual Meeting in Whistler, British Columbia, from July 3-6, 2009 will be accredited under Section 1 of the RCPSC Maintenance of Certification program. As such, the meeting must meet the Canadian Medical Association guidelines governing the relationship between physicians and industry.

All authors and presenters were required to disclose whether they have a financial interest or other relationship with a commercial company related directly or indirectly with the scientific or educational material presented at the Annual Meeting to ensure compliance with the CMA guidelines and Royal College accredited education event requirements.

The Canadian Orthopaedic Association has identified the options to disclose as follows:

1. Research or institutional support
2. Miscellaneous non-income support (e.g., equipment or services), commercially derived honoraria, or other non-research related funding (e.g., paid travel)
3. Royalties
4. Stock or stock options
5. Consultant or employee fees

Specific disclosures can be found in the Disclosure section.

LEARNING OBJECTIVES

By participating in the COA Annual Meeting, participants will:

- Review and evaluate the results of clinical advances in the diagnosis and management of common orthopaedic diseases in the areas of traumatology, arthroplasty, foot and ankle, upper extremity, spine, sports medicine, paediatrics, and tumour.



- Update and expand their understanding of the advances in basic science research in musculoskeletal health and disease, and apply this understanding to current clinical challenges and the improvement of patient outcomes.
- Establish strategies that balance both benefit and risk in the care of specific orthopaedic malaces and describe the expected patient outcomes.
- Gain knowledge of innovative ideas from thought leaders in the major sub-specialties.
- Benefit from opportunities to strengthen professional relationships.
- Compare and evaluate the latest in orthopaedic equipment and services.

CONTINUING MEDICAL EDUCATION

This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of Continuing Professional Development options for the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. The participant will receive one credit per hour for activities attended in this program. A certificate of attendance was distributed in each delegate bag and can be obtained at the registration desk.

CORA GENERAL INFORMATION

CORA PAPER SESSION

Saturday, July 4 1500-1730 Harmony A/B

CORA CAREER DEVELOPMENT SYMPOSIUM

Sunday, July 5 0730-0930 Garibaldi B

CORA BOARD MEETING

Sunday, July 5 1230-1400 Spearhead A/B (Lower Level of the TCC)

All members of the CORA Board are requested to attend.

ORTHOPAEDIC RESIDENTS' SOCIAL NIGHT

Saturday, July 4 1800: The Mountain Club Dress: Casual Chic

Whistler Town Plaza, in the heart of Whistler Village
40-4314 Main Street, V0N 1B4; (604) 932-6009

Ticket required. This is a pre-registered event. You must have a ticket to attend.

Saturday, July 4 2100: Longhorn Saloon

Carlton Lodge
4284 Mountain Square

Line bypass available for all residents. No ticket required – all are welcome. Tell the doorman you are with the CORA group.

RECOGNIZED MEMBERS AND EVENTS

CAROUSEL PRESIDENTS

Canadian Orthopaedic Association (COA)
Peter J. O'Brien

American Orthopaedic Association (AOA)

Louis U. Bigliani

American Academy of Orthopaedic

Surgeons (AOS)

E. Anthony Rankin

British Orthopaedic Association (BOA)

Clare Marx

Australian Orthopaedic Association (AUSOA)

John Battan

New Zealand Orthopaedic Association (NZOA)

Dennis Atkinson

South African Orthopaedic Association (SAOA)

Dick van der Jagt

PROVINCIAL PRESIDENTS

Newfoundland and Labrador

Robert Russell

Nova Scotia

Gregory V. Clarke

New Brunswick

Stephen H. Connolly

Quebec

Jacques Desroyers

Louis Bellemare

Ontario

Tracy L. Wilson

Manitoba

Warren G. Froese

Saskatchewan

Mario R. Tallon

Alberta

John G. Chinats

British Columbia

Peter J. Dryden

Derek Plausinis

CORA CO-CHAIRS

Gerard Slobogean
Kelly Apostle

GUEST SPEAKERS

Presidential Guest Speaker
Lewis G. Zirkle

R.I. Harris Memorial Lecturer

Robin R. Richards

Samson Award Recipient

Benjamin A. Altman

Ian Macnab Lecturer

Louis U. Bigliani

Guest Lecturer

Clare Marx

CORA J.A. Nutter Award

Marlis Sabo

Speaker of the Royal College of Physicians
and Surgeons of Canada, Foot and Ankle

Terence Saxby

Speaker of the Royal College of Physicians
and Surgeons of Canada, MANUS

Tom Trumble

The Canadian Medical Protective Association

Claude Martin

PRESIDENTIAL AWARD RECIPIENTS

Presidential Award of Excellence

James P. Waddell

Presidential Award of Merit

Paul H. Wright

2008 Founders' Medal recipient

Michael Tanzer

TRAVELING FELLOWS

American British Canadian 2009 Fellows

Mark Glazebrook

Eric Bohm

Anica Bitenc Fellow

Vladimir Harhaj, Serbia

Canadian-French-Belgian-Swiss Fellows

Ali Djahangiri, Switzerland

Julien Chouteau, France

COMMITTEE AND AFFILIATE MEETINGS

*Please note that all meetings are held at the Telus Conference Centre unless otherwise specified.

FRIDAY, JULY 3

0700-0900	COA Executive Committee	Tantalus
0700-1100	COA COPEF Committee	Spearhead A/B
0800-1200	Royal College of Physicians and Surgeons of Canada Specialty Committee	Westin Hotel, Glacier Room
0830-1200	Canadian Joint Replacement Registry (CJRR) Advisory Committee	Delta Whistler Village Suites, Whisky/Jack Room
0900-1000	COA Finance & Audit Committee	Wedgemount A/B
1100-1200	COA Annual Meetings Committee	Tantalus
1145-1245	Fixation Using Alternative Implants for the Treatment of Hip Fractures (FAIH)	Westin Hotel, Alpine A
1200-1400	COA Program Committee	Spearhead A/B
1200-1400	COA National Standards Committee	Wedgemount A/B
1300-1500	Fluid Lavage of Open Wounds (FLOW) Meeting	Westin Hotel, Alpine A
1500-1700	CORS Executive Committee	Tantalus

SATURDAY, JULY 4

0600-1000	COA Board of Directors	Wedgemount A/B
1210-1300	Meeting of the Orthopaedic Chairs of Canada	Spearhead A/B
1715-1745	CORS Business Meeting	Garibaldi A
1815-1915	McMaster University Department of Orthopaedic Surgery Alumni Reception	Westin Hotel, Callaghan Room

SUNDAY, JULY 5

0830-1030	Canadian Orthopaedic Oncology Society (CAOOS)	Wedgemount A/B
1000-1130	Orthopaedic Clinical Coordinators Group (OCCG)	Westin Hotel, Room TBD
1230-1400	CORA Board	Spearhead A/B
1230-1530	Canadian Orthopaedic Trauma Society (COTS)	Westin Hotel, Emerald C
1600-1800	Women in Orthopaedics	Garibaldi Lift Co. Restaurant

MONDAY, JULY 6

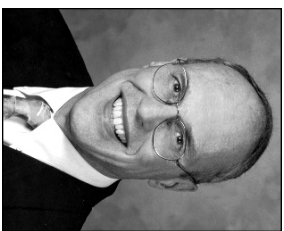
1130-1300	Canadian Orthopaedic Foot and Ankle Society (COFAS) Business Meeting	Spearhead A/B
1045-1115	COA Business Meeting	Sea to Sky A
1300-1400	Carousel Presidents' Meeting	Tantalus

PRESIDENTIAL GUEST SPEAKER

OPENING CEREMONIES • FRIDAY, JULY 3

DR. LEWIS G. ZIRKLE

Creating Equality of Fracture Care Throughout the World



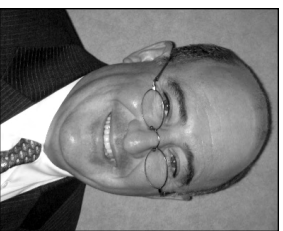
Lewis G. Zirkle Jr., M.D., graduated from Duke University Medical Center in 1966. He completed surgical internship and one year of orthopedic residency at Duke. Residency was interrupted by being drafted by the U.S. Army. After a one year tour in Vietnam he finished his orthopedic residency in the U.S. Army. He is in private practice in Richland, Washington and founded SIGN, a nonprofit organization whose vision is to create equality of fracture care throughout the world. SIGN educates surgeons in developing countries and donates IM nail interlocking screw systems which are designed to be used without C-arm. Fourty-five thousand surgeries have been done in 51 countries. The protocol is to supply replacement implants for those surgeries reported on the SIGN database that include pre-and post op x-rays. SIGN has now designed and manufactures a hip fixation device which can be used without C-arm. Dr. Zirkle has received humanitarian awards from Davidson College, Duke University Medical Center and American Academy of Orthopedic Surgeons.

MACNAB LECTURER

SUNDAY, JULY 5 • 1000-1020

DR. LOUIS U. BIGLIANI

Shoulder Arthroplasty



Dr. Louis U. Bigliani is the Frank E. Stinchfield Professor and Chairman of Orthopaedic Surgery at Columbia University and the Director of the Orthopaedic Surgery Service, Columbia Presbyterian Medical Center, New York Presbyterian Hospital. Dr. Bigliani is also the Chief of the Center for Shoulder, Elbow and Sports Medicine at Columbia University and is a nationally and internationally recognized expert in shoulder surgery. Dr. Bigliani was inducted as the 121st President of the American Orthopaedic Association (AOA) on June 4, 2008.

In 1972, Dr. Louis Bigliani graduated with his MD from Loyola University Stritch School of Medicine. He then went on to complete his residency in Orthopaedic Surgery at The New York Orthopaedic Hospital Columbia-Presbyterian Medical Center in 1977 followed by his fellowship in 1978 in Shoulder and Implant Surgery. Dr. Bigliani also completed his mentorship under the direction of Dr. Charles S. Neer II, who has been called the "father of modern shoulder surgery". Dr. Bigliani is married to Dr. Anne Krennert; they have two daughters, Anne-Louise and Suzanne.

RI HARRIS LECTURER

SATURDAY, JULY 4 • 1500-1525

DR. ROBIN R. RICHARDS

Orthopaedic Surgery, the Journey of a Life Time: Lessons Learned Along the Way



Robin Richards was born in Guelph, Ontario and attended McMaster University where he obtained BA (Geography - 1973) and MD (1976) degrees. He completed the University of Toronto Postgraduate Training Program in Orthopaedic Surgery and received his FRCSC in 1982. Dr. Richards was a MRC Fellow at Duke University in 1983 and joined the staff of St. Michael's Hospital in 1984 where he was Head of the Division of Orthopaedic Surgery, Medical Director of the Mobility Program, Chair of the Medical Advisory Committee and served on the Board. Dr. Richards has been at Sunnybrook Health Sciences Centre as Head of the Department of Surgery and Co-Director of the Operating Room and Related Services Directorate since 2001.

In addition to his administrative responsibilities, Dr. Richards maintains an active surgical practice focusing on reconstruction of the shoulder and elbow, upper extremity trauma management, soft tissue procedures to control joint instabilities in the upper extremity, the surgical treatment of irreparable brachial plexus injury and the treatment of chronic disorders of the forearm and wrist reconstruction.

Dr. Richards is Vice Chair – Clinical of the University Of Toronto Department Of Surgery, Chair of the Departmental Promotion Committee, Past Secretary-Treasurer of the American Shoulder and Elbow Surgeons and Past Deputy Editor for the Upper Extremity of the Journal of Bone and Joint Surgery (American). Dr. Richards is active in the Ontario, Canadian and American Orthopaedic Associations and is Past-President of the Ontario Orthopaedic Association and Past-Secretary of the Canadian Orthopaedic Association.

Dr. Richards enjoys stream fishing, cycling and wind-surfing. Dr. Richards has four children ages 20-27.

SOCIAL ACTIVITIES

HOSPITALITY SUITE

Join your friends and family in the Hospitality Suite for coffee and continental breakfast, available to registered guests and family members in the Callaghan room of the Westin Resort and Spa, from 0800-1030, Saturday through Monday. Spouse/Guest Registration also includes access to the Opening Ceremonies and President's Welcome Reception.

SATURDAY, JULY 4

ORTHOPAEDIC RESIDENTS' SOCIAL NIGHT

1800: The Mountain Club
Whistler Town Plaza, In the heart of Whistler Village
40-4314 Main Street, VON 1B4; (604) 932-6009
Dress: Casual Chic

Ticket required: This is a pre-registered event. You must have a ticket to attend.

2100: Longhorn Saloon
Carleton Lodge
4284 Mountain Square

Line bypass available for all residents. No ticket required – all are welcome. Tell the doorman you are with the COBA group.

SQUAMISH LIL'WAT CULTURAL CENTRE GUIDED TOUR AND LUNCH

1030 • Adult \$31, Child \$21, Senior \$27.

In 1997, the Resort Municipality of Whistler met with the Squamish and Lil'wat Nations to consult about opportunities to showcase both Nations' culture and history on one of their traditional shared territories, Whistler. Out of these discussions, the idea of a world-class cultural centre was born and a relationship in the spirit of goodwill and cooperation evolved.

This authentic tour starts with a song from our Ambassadors followed by a viewing of our film about both First Nations. Our 15 minute film provides a spectacular visual portrayal of Squamish and Lil'wat traditional territories, featuring our languages, traditional practices and contemporary cultures. After the film, our guided tour allows you to view exhibits that explore our relationship to the land and objects that celebrate our traditions of art, music and ceremony, past and present. Touch screens and interactive panels showcase our languages, artifacts and seasonal use of land and resources. In our contemporary gallery, view modern art and make a craft; learn about Salish wool and cedar weaving. Finish your tour with lunch including Squamish salmon chowder and Lil'wat venison chili, fresh bannock and a drink. Salad and dessert can optionally be purchased on-site.

Space is limited and reservations may not be accommodated on site.

Please contact VIP Mountain Holidays (see next page).



WHISTLER
2009

SUNDAY, JULY 5

1230: ACTIVITY AFTERNOON

Back by popular demand, the COA 2009 Annual Meeting includes an afternoon without scientific programming for delegates and their families to visit beautiful Whistler Village and the surrounding areas.

From extreme sports to personal tours, VIP Mountain Holidays will provide a variety of options to suit every member of the family. Please visit the information booth in the foyer of the Telus Conference Centre, or contact 1.888.246.7003 or www.vipmountainholidays.com for more details. Make sure to mention that you are attending the COA Annual Meeting. Registration for some activities may be limited on-site.

Some of the available activities include:

Ziptrak:

Eagle Tour - \$119

Ziptrak guides take you on an interpretive adventure through the treetops between Whistler and Blackcomb Mountains. With ten ziplines in total, this tour is very exciting.

ATV:

The BC Tour - \$129 • 3 hours; 1030

Explore the diversity of Whistler's backcountry on this signature tour. Climb high into the mountains or discover a hidden waterfall. Adventure builds an appetite; indulge in our gourmet, deli-style lunch in the tranquility of the backcountry. A perfect tour for those seeking a little taste of everything.

Horseback riding:

Whistler Western Tour (easy) - \$59

2 hours round trip (1 hour on horseback); 0930, 1130, 1330, 1530

Ancient Cedars Tour (intermediate) - \$139

3 hours round trip, 2 hours on horseback; 0930

Tour through the Ancient Cedars Grove at Cougar Mountain (just north of Whistler). The large trees are even more magnificent on horseback.

White Water Rafting:

Green River Tour - \$75

2.5 hours round trip (1 hour on water); 0900, 1200, 1530

Mellow tour on Green River, just 10 minutes north of Whistler Village.

Squamish/Elaho Tour - \$159

8 hours return trip (3 hours on the water); 0830

Extreme white water experience in gorgeous Squamish/Elaho river and valley.

Canoeing:

River of Golden Dreams - \$85 • 3 hours; 1015, 1330

The River of Golden Dreams, a small, generally slow moving flat-water river, winds its way from Alta Lake to Green Lake.

Alta Lake - \$50/hour for canoe rental
Paddle around the lake at your leisure. This can be done at any time.

Mountain Biking:

Valley Trail – no experience required (price of bike rental).

Cross Country – intermediate mountain biking skills required (price of bike rental).

Downhill – intermediate to expert biking skills required (bike rental and downhill park pass).

Times are flexible, and we would get a guide to accommodate the group if needed at \$50/hour.

Fishing:

Half day trip (roughly 4 hours): \$245

A guided flyfishing trip in Whistler is a great overall outdoor experience, fishing whatever is in season: salmon, steelhead, trout. You will be fishing in the coastal rainforest, some of the most rugged terrain in the world. We often encounter wildlife: black bears, deer, eagles and even the occasional moose can be seen on our trips!

Golfing:

Nicklaus North Golf Course

\$139/ person plus \$35 cart rental

\$125/person twilight (after 1500)

A brilliant emerald-coloured lake, majestic fir trees, invigorating mountain air. This is the setting that inspired the great Jack Nicklaus to create a course as unique as himself. This par 71, 18-hole course winds along a gentle valley floor offering you a spectacular setting as your golfing skills are tested to the fullest.

SUNDAY, JULY 5

WOODCHOPPER'S BALL

1900: Logging Show

1945: Dinner

Please allow 45 minutes for gondola transportation.

On-site Tickets: Adult \$200, Child \$50

Join the best shindig in town! The Woodchopper's Ball at the unique Roundhouse Lodge atop Whistler Mountain features the West Coast Lumberjacks, who will amaze us with the strength, speed and agility of Canada's logging pioneers, combined with the power of today's tools. This is a show not to be missed that has been wowing audiences all over the world.

Voted Whistler's best band for the last two years, Guitar Doug and the Hairfarmers are sure to get the crowd moving. Your ticket includes gondola transportation to the peak, dinner, limited beverages, musical entertainment, square dancing and the chance to catch up with friends and colleagues!

In keeping with the logger theme, dress casually and don't forget to bring an extra layer for outdoor entertainment. If you wish, you can use your gondola access to hike around the top of Whistler and meet us in time for the party.

The COA cannot guarantee availability of tickets on-site.

SOCIAL ACTIVITIES AT-A-GLANCE

**Please see additional details in the Social Activities section

FRIDAY, JULY 3

1715 Opening Ceremonies

1945 President's Reception

SATURDAY, JULY 4

0800-1030 Family/Guest Hospitality Suite

1030 Squamish Lil'wat Tour and Lunch

Orthopaedic Residents' Social Night

1800 The Mountain Club

2100 Longhorn Saloon

SUNDAY, JULY 5

0800-1030 Family/Guest Hospitality Suite

1230 Activity Afternoon

1900 Woodchopper's Ball

MONDAY, JULY 6

0800-1030 Family/Guest Hospitality Suite



Canadian Orthopaedic Foundation




Our mission is to achieve excellence in bone and joint health, mobility and function for all Canadians through the advancement of research, education, and care. We fund new and innovative research that improves patient mobility and function as well as minimizing the painful effects of bone and joint diseases. We enable patients and their families to be equal and active participants in the care of their bones and joints through education and information. We promote excellence of care by assisting communities to improve orthopaedic patient care.

www.canorth.org

SCIENTIFIC AT-A-GLANCE

** Please note that titles have been shortened in some cases. Please refer to full programme for more details.

FRIDAY, JULY 3

1500-1630	Symposium: Models of Care	Rainbow Theatre
1715-1845	Opening Ceremonies	Sea to Sky Ballroom A
1845-2100	President's Reception	Exhibit Hall

SATURDAY, JULY 4

0630-0800	ICL 1: Upper Extremity Trauma	Rainbow Theatre
	ICL2: Young Osteoarthritic Hip Patients	Harmony A/B
	ICL3: The Unstable Shoulder	Fitzsimmons
	ICL4: Orthopaedic Research	Garibaldi A
	ICL5: Foot and Ankle Emergencies	Garibaldi B
	ICL6: Find it Fast on the Internet	Spearhead A/B
0830-1000	CORS Paper Session 1: Cartilage and Muscle	Garibaldi B
0830-1000	CORS Paper Session 2: Bone	Garibaldi A
0830-1000	Symposium 1: War Injuries	Sea to Sky Ballroom A
1000-1030	Break	Exhibit Hall
1030-1200	Paper Session 3: Mechanics and Materials	Garibaldi B
1030-1040	JA Nutter speaker	Sea to Sky Ballroom A
1040-1210	Symposium 2: International Orthopaedics	Sea to Sky Ballroom A
1210-1240	CORS Top Posters	Sea to Sky Ballroom B/C
1210-1300	Lunch	Exhibit Hall
1300-1430	Combined Paper Session 4: Joints and Arthritis	Fitzsimmons
1300-1430	Combined Paper Session 5: Spine/Trauma	Garibaldi A
1300-1430	Paper Session 6: Hip Recon 1	Sea to Sky Ballroom A
1300-1430	Paper Session 7: Trauma Lower Extremity 1	Rainbow Theatre
1300-1430	Paper Session 8: Reconstructive Upper Extremity 1	Harmony A/B
1300-1430	Paper Session 9: Foot and Ankle	Garibaldi B
1430-1500	Break	Valley Foyer
1500-1730	CORA Paper Session	Harmony A/B
1500-1525	RI Harris Lecture	Sea to Sky Ballroom A
1525-1545	Samson Award	Sea to Sky Ballroom A
1545-1550	Founders' Medal presentation	Sea to Sky Ballroom A
1550-1715	Symposium 3: Early Hip Osteoarthritis	Sea to Sky Ballroom A
1545-1715	Workshop 1: Distal Radius	Westin - Emerald B
1545-1715	Workshop 2: Lower Limb Alignment: Foot & Ankle Procedures	Westin – Alpine ABC
1545-1715	Workshop 3: Anatomic ACL Reconstruction	Westin – Emerald A
1715-1815	Symposium 4: Intimate Partner Violence	Sea to Sky Ballroom A

SUNDAY, JULY 5

0630-0800	ICL7: Hip, Femur and Knee Trauma	Rainbow Theatre
	ICL8: Knee Arthroplasty	Harmony A/B
	ICL9: The ACL Injured Patient	Fitzsimmons
	ICL10: Cuff Arthroplasty/ Reverse Shoulder Prosthesis	Garibaldi A
	ICL11: Degenerative Lumbar Spine	Spearhead A/B
	ICL12: Elbow Contractures:	Wedgemount A/B
0730-0930	CORA Career Development Symposium	Garibaldi B
0815-0915	Symposium 5: Osteoporosis and Fall Prevention	Sea to Sky Ballroom A
0915-1000	President-Elect Address	Sea to Sky Ballroom A
1000-1020	Macnab Lecture	Sea to Sky Ballroom A
1020-1030	British Experience With a National Joint Registry	Sea to Sky Ballroom A
1030-1100	Break	Exhibit Hall
1100-1230	Paper Session 10: Knee Reconstruction 1	Sea to Sky Ballroom A
1100-1230	Paper Session 11: Trauma Lower Extremity 2	Rainbow Theatre
1100-1230	Paper Session 12: Oncology	Garibaldi B
1100-1230	Paper Session 13: Sports Upper Extremity	Harmony A/B
1100-1230	Paper Session 14: Upper Extremity 2 and Critical Issues	Fitzsimmons
1100-1230	Paper Session 15: Spine 1	Garibaldi A

MONDAY, JULY 6

0700-0830	ICL13: Paediatrics: Hip Diagnoses	Spearhead A/B
	ICL14: Compartment Syndrome	Rainbow Theatre
	ICL15: Shoulder Rotator Cuff and Biceps	Harmony A/B
	ICL16: Forefoot Reconstruction	Garibaldi B
	ICL17: Surgical Management of Spine Tumours	Garibaldi A
	ICL18: Distal Radius Fractures	Fitzsimmons
0830-0845	Break	Valley Foyer
0845-1015	Paper Session 16: Hip Reconstruction 2	Rainbow Theatre
0845-1015	Paper Session 17: Knee Reconstruction 2	Harmony A/B
0845-1015	Paper Session 18: Sports Lower Extremity	Fitzsimmons
0845-1015	Paper Session 19: Trauma Upper Extremity and General	Garibaldi B
0845-1015	Paper Session 20: Spine 2	Garibaldi A
0845-1015	Paper Session 21: Paediatrics	Spearhead A/B
1015-1045	Break	Valley Foyer
1045-1115	COA Business Meeting	Sea to Sky Ballroom A
1115-1245	Symposium 6: Non-surgical Arthritic Knee	Sea to Sky Ballroom A
1245-1315	Boxed Lunch	Valley Foyer
1315-1645	Sub-specialty Half-day Activities	
	Trauma	Rainbow Theatre
	Arthroplasty	Harmony A/B
	Sports Medicine	Fitzsimmons
	Foot and Ankle	Garibaldi B
	Hand/MANUS	Garibaldi A

New Members

Active Members (inducted in 2008)

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Ian Dickey (USA)
Faith Dodd (NS)
Rajiv Ghandi (ON)
Ronald Henderson (AB)
Susan Thompson (MB)

Alan William R. Jones (SK)
Linda Mirkovic (AB)
Patrick Lavigne (QC)
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Affiliate Members (inducted in 2008)

Eddie Matsui (USA)
Santhiran Moodley (SK)

Associate Members (inducted from May 2008-May 2009)

Omar Addou (QC)
Enad Al Absi (ON)
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